Draft program 3-day intensive at Studios of Claudy Jongstra, Feb. 10-12, 2025

Versie 20250205

Day 1 – Vakantiepark Nij Leons, Monday, February 10, 2025

https://nijleons.nl/, https://maps.app.goo.gl/jTgzEQxGXuFyXDFt7

Time	Activity		
13.15	Arrival of participants at Nij Leons, leaving luggage at the lobby.		
13.30-14.30	Gathering at small church, Inside of the church short presentation by Cora on the unique characteristics of this area.		
14.30-16.00	Walking-in-pairs activity, along Jacobspad, starting from the church in Leons into the polder of Leons. One member of pair first tells of meaningful walk made once made in life, while other listens, then roles are reversed. At the end, stories are shared.		
16.00-16.30	Return to Nij Leons (of eerder). There Bob tells something about the set-up of the three-day event, and he also takes practical matters into account. Bob briefly explains Transit Skills and "the playing field" (experiencing – thinking, internal – external).		
16.30-18.00	Shared preparation of dinner, followed by eating together and doing the dishes.		
18.00-19.00	Diner		

19.30-22.00	Avondprogramma “touching basis”: Reflection exercise **Tetrahedron**		
22.00	Round up and instruction fotr the next day. Drinks and talk		

DAY 2 – De Kreake, Húns, Tuesday, February 11, 2025

https://maps.app.goo.gl/jBo2UMoTyGWj385J9

Time	**Activity**	**Facilitator(s)**	**Preparatory tasks**
08.00-09.00	Breakfast at Nij Leons		
09.00-09.30	Walk from Nij Leons to De Kreake in Húns (30 minutes) https://maps.app.goo.gl/LMcaA2wWeRp6Y2Dn9		
09.30-10.00	Welcome by **Claudy Jongstra** to working atelier in Húns.		
10.00-10.30	Tour by **Claudia Busson**, founder of the biodynamic farm, she will guide students through the grounds.		
10.30-11.30	Presentation by **Claudia Busson** on the principles of biodynamic farming and its impact on local ecosystems. During the session, we will explore biodynamic methods, focus on soil health, crop rotation, seed preservation, and the role of rare Drenthe Heath sheep in maintaining biodiversity.		
11.30-13.30	Preparation of lunch that is offered by Studio Claudy Jongstra. Eating together, and doing dishes afterwards.		

13.30-15.30	Workshops: - Foraging - Making your own dye - Drawing natural forms		
15.30-16.30	Hands on workshop: Wild Painting, outside, if weather allows.		
16.30-18.00	Preparing dough and toppings and baking pizza on wood oven, under guidance of **Claudia Busson.**		
18.00-19.30	Eating of dinner that is offered by Studio Claudy Jongstra at De Kreake, followed by dishwashing and cleaning.		
19.30-22.30	Film program on connecting to nature through art. Group conversation of what we have seen. We show *Rivers and Tides* on Andy Goldsworthy (90 min.).		
22.30-23.00	Walk under the stars, back to Nij Leons.		

DAY 3 – Spannum, Wednesday, February 12, 2025

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Time	Activity	Facilitator(s)	Preparatory tasks
08.00-09.00	Breakfast at Nij Leons.		
09.00-09.30	Drive, through car sharing, from Nij Leons to Studio Claudy Jongstra in Spannum. Here we will gain insight into the role of ecological consciousness and activism in and through art-making, and examine how sustainability enhances cultural preservation and artistic practices. Participants bring all their personal luggage already with them to Spannum. Rooms are left clean and used sheets on a stack.		
09.30-10.00	Welcome by **Claudy Jongstra, followed by a t**our in which we explore Jongstra's workshop where students will see the transformation of raw materials like wool into large-scale art pieces.		
10.00-12.30	Creative workshop hosted by **Claudy Jongstra**: participants will experiment with natural dyes and wool, creating small textile samples to connect with the materials and processes.		
12.30-13.30	Preparation of lunch that is offered by Studio Claudy Jongstra. Eating together and doing dishes afterwards.		
13.30-14.15	Session in which we discuss the intersection of art, biodiversity, and community with **Claudy Jongstra**. We learn how her practice preserves cultural heritage and promotes sustainability.		
14.15-16.00	Workshop 'Silent Becoming' – Metamorphoses of organic forms		

16.00-16.30	Reflective dialogue about the experiences, impressions and insights participants had. What do people need in these times of transition?		
16.45-17.00	A 'ritual' moment for applying the felted wrapping around the booklets. Here Wrapping moment. Maybe a combination with strings and felt together.		
17.00	Maybe set a date for a reunion (dinner/evening?) 6 weeks later at an inspiring place to talk about possible lasting effects. Farewell and leaving for Groningen again.		