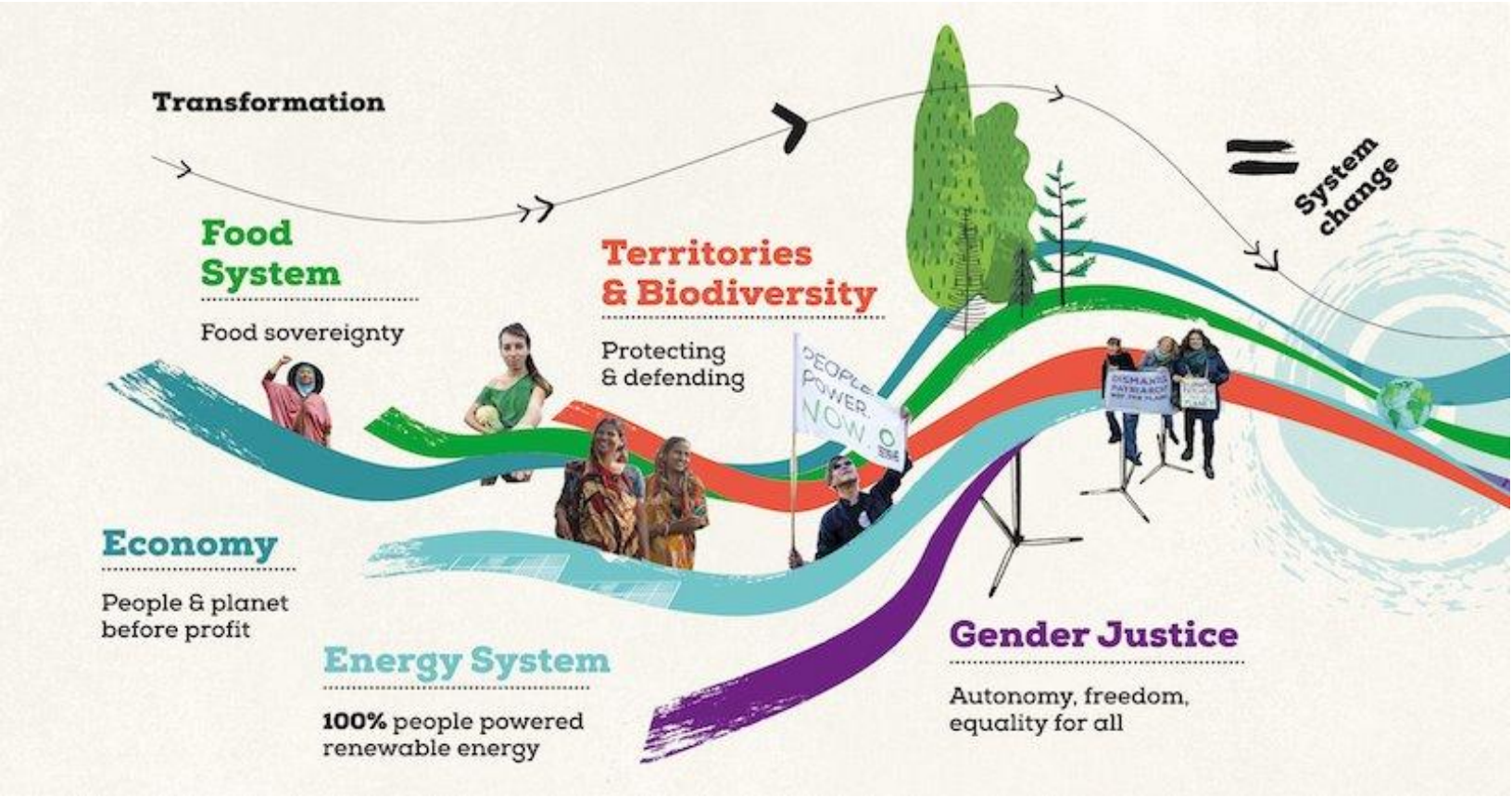
SH#FT HAPPENS

Tackling Transitions



https://www.foei.org/what-we-do/pathways-to-system-change/

ECs: 5
Semester: 1
Language: English
Teaching Mode: In person
Team: Bob Kolsters (CTL); Joost van Balveren (SASS).

Schedule:

18 sep – meeting 1

2 okt – meeting 2

9 - 11 okt – 3 day intensive **including 2 nights**- meeting 3 - 8

23 okt – meeting 9

6 nov – meeting 10

The world around us is changing rapidly, and the question of how to remain resilient is becoming increasingly urgent.

Shifts are taking place across many domains — climate, technology, politics, economics, and beyond. Where we once operated within relatively stable and predictable environments, we are now facing challenges that span multiple layers of society and systems. As challenges arise on larger scales, we are asked to *zoom out* and rethink our place within the whole.

In this lab, we'll explore how complex systems function and how change often unfolds in non-linear and unexpected ways. We'll investigate the underlying patterns of these systems and examine tools and theories that can help us make sense of their dynamics.

And … these shifts don't just happen "out there" — they are also deeply personal. We'll examine how our values, backgrounds, paradigms (worldviews), language, and behaviors shape what we perceive and how we respond. Just as systems shape us, our own perspectives and actions can become catalysts for transformation.

Resilience involves more than cognitive insight — it also calls for embodied, experiential learning. A central feature of the course is ***a 3-day immersive intensive (including two nights)***, where thinking, sensing, and acting come together.

This lab is for honours students who want to strengthen their resilience and learn to navigate the complex world — not by seeking easy answers, but by developing deeper awareness, curiosity, and engagement.